Deleting Spam Directly from POP3 Servers One Step Ahead

If you regularly receive unsolicited mail, you might prefer to delete it from your provider's mail server. You can even deploy filters and regular expressions to automatically combat spam flooding. BY TIM SCHÜRMANN

> the subject line, sender, and size of the message file. This information is typically all the spam harassed

user needs. Users can select unsolicited messages, and drop them into a black hole, with a single click. This prevents the discarded messages from reaching your hard disk. Instead, users can delete messages from their mailboxes on the provider's mail server. This not only reduces traffic volumes, but protects users from viruses and keeps your mail inbox free of spam.

Before you start to set up your spam killer, make sure you have your mail

account credentials at hand. You need the either the IP address or DNS name for the POP3 server. You also need your account name and login password for the POP3 server. All of this information is typically provided by your Internet provider, so check for a sheet with the required details.

For the Brave: Eremove

The first spam killer candidate in this article is the Email Remover (or Eremove for short). It is based on GTK, the library on which also Gnome is based. However, it does not interface as nicely with the desktop system as KShowmail (discussed later) does with KDE.

	_	0.1		elect messages for deletion a	
•		Size	Date	From	Subject
1		2 K		"Comparison of a statistical sector	
2		6 K			Re: =?iso-8859-1?Q?
3		2 K		"Miller" <inded@clashi.ito< td=""><td></td></inded@clashi.ito<>	
4		1 K	Wed, 3 Mar 2004		Undeliverable message returned to sender
5	U	1 K		Telescond-scione	Maniac Mansion
6		2 K		=?iso-8859-1?q?J=F6rg=2	Re: Pop3checker-Artikel
				teraknor@gmx.de	Entewbolistice-mus Software Moles
		1 K		teraknor@gmx.de	Contract Contract Contract
9		1 K		=?iso-8859-1?q?J=F6rg=2	
10	Û	19 K	Tue, 09 Mar 2004		eBay - 09.03.04 13:38:53 MEZ
11		7 K		Contraction (and the set	
12		26 K			=?ISO-8859-1?Q?Olympi
13	Ŵ	24 K		vbs.nohat@mm.int	Re: Your letter
14	Û	7 K		"Lillie Henson" <naoghcpb< td=""><td></td></naoghcpb<>	
15		1 K	Mon, 08 Mar 200	The president independence	Re: Language and the second

The homepage for the tool has binary and source packages. If you opt for the former, simply download and unpack the archive, to reveal the eremove executable.

Eremove has fairly restricted functionality. In fact, all it can do is remove email messages from mail servers. When launched, a window

Figure 2: The main Eremove window with a list of email messages.

permanent Internet connections (such as mail servers, for example) need a static IP address, that is an address that will never change. Home computers that use a modem or DSL to establish a dial up Internet connection, are typically assigned a temporary (dynamic) IP address by their provider. POP3: The "Post Office Protocol" version 3 specifies the format and procedure for trans-

GLOSSARY

ferring messages between mail servers and clients, for example when a client downloads incoming mail.

Server: A program that runs 24x7 on a network attached computer. The server listens for requests from other programs (clients), and responds to these requests.

viruses, dvertising, and all kinds of junk fill up millions of mailboxes. Three small tools, Eremover, Kshowmail, and PopWash, can help you get rid of breast enlargement, Viagra, and insurance offers before this kind of junk ever reaches your disk.

The programs work like email clients, apart from the fact that they simply grab

👻 🤇 💥 Connect	ion Details					
Please enter the pop server details for the account you wish to view. You can also load/save the details in profiles below.						
Profile Details		Connect				
Server pop.myisp.	com	Quit				
Port 110		_				
Username tux		-				
Password *******						

Figure 1: A fairly spartan Eremove setup window automatically appears when you launch the program.

DNS name: The "Domain Name System" translates IP addresses into convenient hostnames. For example, the IP address 62.245.157.219 resolves to the DNS name www.linux-magazine.com. IP address: The house number of a computer on the Internet. It takes the form of four numbers between 0 and 255, separated by a

decimal point, and is unique. Computers with

COVER STORY

pops up for the *Server* name, the *User-name*, that is your login name on the POP3 server, and your *Password* (see Fig-

ure 1). Keep the default setting for *Port*.

Eremove's next act is to grab a list of the messages on the server and display the list in the main window (see Figure 2). You can select the messages you want to delete in the list, and then click *Delete* to remove these messages. The *Select All* option selects the whole list. Clicking on *Logout* quits the program.

You can double click a

list entry to preview the message. When we called this function on Suse Linux, Eremove crashed regularly, taking the whole X Window system down with it. It also failes to provide genuine protection for passwords, simply storing them in the clear in the \sim *.eremove* configuration file. This tool is not recommended.

The Number 1: KShowmail

KShowmail is the most mature program in our list of test candidates. KShowmail uses the Qt library and integrates seamlessly with the KDE desktop. If you have Suse Linux, you can install KShowmail without any pain using YaST. If your distribution does not include this program, check out the project website (see Table 1) for a download.

KShowmail is the most full featured. It not only manages multiple POP3

🏽 Options 🧕	? 🗆 🗙
_ Accounts	
Name: Example	
Add Edit Copy Delete	
General Options Display Options Action if no mail Action	if r I 🕨
Save Password Start Minimized Confirm delete Keep mail as new Initial Timer:	Close
Pop3 Timer 30 🗘 Max Size: 10 🗘	
ОКС	ancel

Figure 4: The "General Options" tab in the options dialog is used, among other things, to specify the interval to check for new messages.

accounts, but can be told to update the message lists at regular intervals. This makes for an inconspicuous background

New account 7 × Account: Example Server: pop.myisp.com Protocol: pop3
Port: 110
User: tux
Password: *******
K Active
OK Cancel

Figure 3: Use this Kshowmail dialog to enter the credentials for a new account. tool. KShowmail can notify you when a message arrives. So you can wait until it has some work to do before opening up a session.

KShowmail has a feature for registering complaints about unsolicited messages. Just click the *SPAM* button to send the selected message to a complaints center. This can be the mail server owner, or a project to combat spam, such as *www. spamabuse.org.*

To tell KShowmail where

to send messages you have classified as spam, you need a separate tool such as *spam.pl* from *http://spam.sourceforge. net/*. This tool will handle the transport side.

To plug *spam.pl* into KShowmail, select *Setup* | *User commands* and click on *Add* in the new window. Enter *complain* in the top field, and the command for the program with which you will be sending complaints in *Command:*. *spam.pl* may be pre-configured, in this case the entry will read:

spam.pl < <body>

where *< body >* is a placeholder that KShowmail replaces with the email.

You can use this technique to call any external program. Instead of the *complain* string, choose an appropriate mnemonic. This tells KShowmail to create an entry in the *Actions* menu, to launch the program.

Options		7 🗆
Name: Examp	əle 🗧	
Add Edit	Copy Delete	
General Options	Display Options Action i	f no mail Action if r
Account list	Mail list	Mail content
R Active	🗷 Number	C Allow HTML
🗷 Account	R Account	
Server	S From	
🗷 User	🗷 То	
🗷 Messages	Subject	
🗷 Size	🗷 Date	
	🕱 Size	
	🗷 Content	
		OK Cancel

Figure 5: Use the "Display Options" to specify the information that KShowmail will display in the bottom list of the main window.

Configuring

To configure Kshowmail, select *Setup* | *Setup accounts*. Click on *Add*, and enter your account credentials (see Figure 3). Type an appropriate name for the mailbox in the *Account* text box. You need either the DNS name or IP address of the server in the *Server* text box. *Username* is your login name on the POP3 server. If you do not enter your password at this stage, KShowmail will prompt you for your password the first time you attempt to access your mailbox. Click on *Ok* to return to the setup dialog.

You can use the *Action if new mail* tab to select how KShowmail will alert you when a new message arrives. By default, the program is configured to pop up a window and beep.

You can specify the interval at which KShowmail will pick up mail from your mailboxes, just like for a normal mail client (see Figure 4). you can also specify the information KShowmail should display in the main window for

🎟 Exa	mple - I	(Showmail 🅘							_	
<u>F</u> ile §	<u>S</u> etup <u>A</u> cti	ons <u>H</u> elp								
8 🗎 🤇) 🖂 🗟 ,	🖉 👫 🀬 🖌 🐼 🔟								
Active	Account	 Server 	User	Messages	Size					
	Example UKFSN Yahoo		tux tux tux	2	15399					
Numb	Account	From	То	Subject			Date	Size	Content	State
1	Yahoo	Gown <gown@linux.o< td=""><td>tux</td><td>About o</td><td>ur engagem</td><td>ent party ;-)</td><td>2004-07-09 11:07</td><td>13745</td><td></td><td>new</td></gown@linux.o<>	tux	About o	ur engagem	ent party ;-)	2004-07-09 11:07	13745		new
2	Yahoo	John Southern <jsouth< th=""><th>tux</th><th>Test</th><th></th><th></th><th>2004-07-09 11:07</th><th>1654</th><th></th><th>new</th></jsouth<>	tux	Test			2004-07-09 11:07	1654		new
•										+ 1 +
2 mess	sage(s) wit	h a total of 15399 bytes a	re waiting			tux@linu	IX		11	:07:42

Figure 6: The KShowmail main window. In our example, we have only checked mail for the yahoo account, as you can tell by the checkmark in the "Active" column in the top list.



Figure 7: You can click the "Reply" button in the bottom left-hand corner to launch KMail from within KShowmail.

each message. Click on the *Display Options* tab to set these options (see Figure 5).

Click on *Ok* to return to the main window with its two panels (Figure 6). Your email accounts are now displayed in the top list. A checkmark in the *Active* column means check this account.

If you do not have time to wait until the program performs a scheduled check, select *Actions* | *Refresh messages* or click the arrow icon. If you did not pre-configure a password, KShowmail will prompt you to enter your password before displaying all the messages on the POP3 servers (see Figure 6).

Hold down the [Ctrl] key, and click on the messages you want to delete. Click on the eraser icon, or select *Actions* | *Delete highlighted messages* to remove the selected messages from the server. The *Actions* | *Clear list* entry clears the list; it does not remove any messages.

] - -<u>File Edit H</u>elp 1 C 0 8 Refresh Qui Subject # - Delete Size From То 615 1472 =?ISO-8859-1?b?VHJ5IFZpYWdyXmEsIGhhdmUgaXQgZG'Isabel Gross <isabelgrosszu@xs4all.nl> baum 616 5518 Returned mail: see transcript for details Mail Delivery Subsystem <MAILER-DAEMON@rzcomm5 baum 617 1935 Warning: E-mail viruses detected MailScanner <postmaster@europe.eurofficial.com 618 3849 Mail delivery failed: returning message to sender Mail Delivery System <Mailer-Daemon@europe.euroffici baum@ 619 Ē 4267 Mail Transaction Failed candylist@mail05.emailpls.com baum Mail Delivery Subsystem <MAILER-DAEMON@aol.com 620 3697 Returned mail: User unknown baum 3843 TEST 621 dante@dante.de baum@ 622 4889 Returned mail: User unknowr Mail Delivery Subsystem <MAILER-DAEMON@smtp.cisti baum@ 623 2772 ploy_cute16@yahoo.com baum@ 624 markieposts@motorsport.lu 19902 complimentary business poised goathunter@process.com 625 -2704 Hi haum 626 Ĩ 4535 hi maria@jclark.com baum@ 2727 Status 627 pkdr@msn.com baum@ Ē 2778 TEST 628 org0610@juno.com baum@ 4074 H aaup-mail@udel.edu 629 baum@ 620 4074 HI aup-mail@udel.edu

Figure 8: Get rid of unwanted messages in the PopWash main window. Click to select messages, and then select "Delete".

More Info about Messages

It is not always easy to identify spam by just referring to the information shown in the list display. KShowmail has an answer to these tricky questions in the form of an extended view. First click to select the message that you need more information on. Then select Actions | Show header of highlighted messages, and KShowmail will display the header data for the message, including the sender, the date of transmission, and the mail server. If you select Actions | Show complete highlighted messages, KShowmail will display the content of the selected message in a small text window, but ignore any attachments, rather than executing them (see Figure 7).

The Challenger: PopWash

PopWash enters the arena as a relatively new project to challenge the more established competitors. PopWash is still in testing, as reflected by its version number 0.3. One unusual thing about the tool is that it is based on a mixture of Tcl and GTK. PopWash needs the *Gnocl* library to allow these two worlds to cooperate, and most distributions do not include it. Fortunately, you can download *Gnocl* from the PopWash website (see Table 1).

If you want to build the program yourself, you will need a more or less complete Gnome environment including the developer packages, GTK, Tcl, and the *tcllib* library. If you have all these prerequisites, simply enter *make* in the PopWash directory to compile the source code. Then su to *root* and enter *make install* to install the program. Having completed the install, you can use the popwash script to launch PopWash.

After successfully negotiating this hurdle, you will discover that PopWash has quite an impressive feature range, including convenient email filtering (see Box 1).

Checking each message is especially tedious in the case of email. Filters (a.k.a blacklists) can be a help. A filter is simply a list of words. The filter program checks each message for words from the list. If the filter discovers the word, "Viagra", say in the subject line of the message, it tags the message for deleting. Both KShowmail and PopWash include blacklists.

PopWash additionally has a whitelist that does exactly the opposite. If a listed word occurs in the message, the message will not be deleted. If you put a colleague's email address on the list, the filter program will not delete messages from this colleague, even if they contain a word from the blacklist – such

Box 1: Filtering

as "Viagra". In PopWash, you set up a filter by selecting *String Matching* in the configuration window. Select either the *White List* or *Black List* tab (see Figure 10). PopWash will compare the words in *From* with the email address of the sender, words in *Subject* with the subject line, and words in *To* with the receiving address.

To add a new word to the list, click the *Add* button next to the list you need, and enter the word. Do not worry about capitalization. Press [Enter] to complete your entry. To modify an existing entry, click to select the entry, and make the required changes. In KShowmail, you need to select *Setup* | *Fil*-

ters. In the window that appears, select Active (see Figure 11) and then click on Add, to create a new list entry. First, select the elements to search for the word below Conditions (see Figure 12), for example, the Subject line. Then type the search string for the filter program in the text box. KShowmail will ignore capitalization, unless you check the checkbox to enable case sensitive searching. Regular expressions allow for even more detailed searches (see Box 2), and can be a big help in getting rid of spam when the perpetrators use unusual spellings for keywords.

Basic Settings White List Black List			
Pop3 server	pop.myisp.com		
User name	tux		
Default action for mails	Don't delete		
Matching of white and black list items	Basic string match		
<u>× C</u> a	ncel		

Figure 9: PopWash, configured with the credentials of the Kshowmail account shown in Figure 3.

Now select *Edit* | *Settings*. In the dialog box that appears, select the *Basic Settings* tab (see Figure 9) and enter the server name for *Pop3 Server* and the login name for *User name*.

You can select *Default action for mails* to specify what to do with the message list immediately after retrieving mail. If you tend to receive more spam than normal messages, your best option is *Mark for deletion*. Clicking *Ok* takes you back to the main window (see Figure 8).

▼ (X Preferences)						
Basic Settings White List Black List						
Mails matching in the corresponding fields are	marked for deletion.					
From						
aspammer@spamdomain.org Peter Spammer	♣ <u>A</u> dd					
	<u>R</u> emove					
_Subject-						
Viagra	4 Add					
Insurance						
Business	- <u>R</u> emove					
BUY						
То						
	<u>♣ A</u> dd					
	Remove					
X Cancel	₽_ок					

Figure 10: Example of filter entries in PopWash.

Refresh tells PopWash to retrieve your messages from the server. You can then check the *Delete* column for your spam candidates, before clicking *Delete*. The only way to stop this action is to press

Table 1: POP3 Antispam Tools				
Name	Eremove	KShowmail	PopWash	
Libraries	GTK	Qt, KDE	Gnocl (Tcl, GTK, Gnome)	
Multiple account management	no	yes	no	
Automatic refresh	no	yes	no	
Links to external programs	no	yes	no	
View email header/body	no/no	yes/yes	no/no	
Filters: Blacklist/Whitelist	no/no	yes/no	yes/yes	
Filters: Regular expressions	no	yes	yes	
Store passwords	yes, unencrypted	yes, encrypted no		
Project homepage	http://eremove. sourceforge.net/	http://kshowmail. sourceforge.net/	http://www.dr-baum.net/ popwash/	

Box 2: Using regular expressions

Spammers typically attempt to bypass filter lists. Instead of the word "Viagra", they use a modified form, such as "VIA_gra". To remove the need for spam victims to add every possible spelling of the keyword to the blacklist, KShowmail and PopWash both use regular expressions, (or "regexps" for short) in their filters.

Regular expressions work just like wildcards, such as * or ?, in the command line. For example, *pic*.jpg* means any files that start with *pic*, and end in *.jpg*.

A regular expression looks like this:

[^\b]\@spam\.org

This example matches any email address that ends in @spam.org. The expression, [^\b] finds a single character before @spam.org that matches the pattern in the square brackets. The circumflex in the brackets means: "Any characters except the following" As \b is not a real character, but simply means the beginning or end of a word, the rule matches any character before the @.Thus, the filter matches any mail address at @*spam.org*.

To use a regular expression in PopWash, select *Advanced regexp* below *Basic settings*. Enter the regular expression, and the keywords as described in Box 1.

For KShowmail, check *Regular expression* in the window with the settings for your filter entry (*Setup* | *Filter* | *Add*). From this point on, KShowmail will treat the expression as a regular expression.

You may need to experiment and practice to put regular expressions to good use. Some basic knowledge of regular expressions makes it easy to get rid of a lot of spam. If you need more information on the syntax of regular expressions, check out *http://www. selflinux.org/selflinux/html/regex.html* for an introduction and examples.

🎫 Filters 🅘 🛛 🔿 🔿
Filter Status
◯ off
o
🔘 Automatic Delete
Filters
000000_Subject Contains Viagra Or Subject 🐺
Add Edit Copy Delete
OK Cancel

Figure 11: Use this window to add a new filter. The "Filter Status" area allows you to specify whether the list with the filters is enabled or disabled.

[Esc] as quickly as possible, but you can click on the *Stop* to undo the action.

Which Washes Cleaner?

Both PopWash and KShowmail are more than simple tools that remove spam from your mailbox. Both use advanced libraries and require an advanced environment. Eremove is more frugal. Your decision will be driven by the desktop system you use, and the degree of functionality you need. KShowmail is the most complete. The program is stable, and runs as a background job. Also, KShowmail is the only candidate that can access multiple email accounts at the same time. PopWash will have all the features it takes to play in the same league as KShowmail, when it completes testing. As it requires gnocl, PopWash is more tricky to install. In contrast to both these tools, Eremove is the domain of daring minimalists and not recommended on account of its bugs.

Filter 🎐	? 🗆 :
000000_Subject Contains Vi	iagra Or Subject Contains VIA_gra
Condition	
Subject	▼ Contains ▼
Viagra	
Case sensitive	C Regular Expression
Or	Ŧ
second Condition	
Subject	Contains 두
VIA_gra	
Case sensitive	Regular Expression
Counter	
0	Reset Counter
	OK Cancel

Figure 12: KShowmail allows you to associate two conditions within a single filter entry by using simple boolean logic instructions.